

Brighton sc masters results (ASA National Masters 25m Sheffield)

ASA NATIONAL SHORT COURSE MASTERS RESULTS					
Name	Age group	Event	Time	Split times	Place
Paul Allen	35 – 39	200m free	2.07.88 MCR, PB	28.39, 59.99, 1.33.69, 2.07.88	4 th
		100m free	57.30 MCR, PB	27.31, 57.30	6 th
		50m free	26.12 MCR, PB		9 th
		100m back	1.05.68 MCR, PB	31.56, 1.05.68	4 th
		50m back	30.75 MCR, PB		3 rd
Stephen Murphy	18 - 24	200m free	1.58.51 CR,MCR,PB	27.33, 57.58, 1.28.34, 1.58.51	11 th
		100m fly	59.61 CR,MCR,PB	27.80, 59.61	12 th
		400 IM	4.42.97 MCR, PB	1.04.76, 2.18.20, 3.37.57, 4.42.97	7 th
		50 brst	31.17 SB		8 th
Jon Pook	18 - 24	200m free	2.01.39 PB	28, 59.58, 1.31.52, 2.01.39	14 th
		100m free	53.78 CR,MCR,SB	26.23, 53.78	14 th
		50m free	24.67 MCR, PB		12 th
		100m fly	1.00.40 PB	27.95, 1.00.40	14 th
		50m fly	27.07 PB		7 th

An outstanding set of performances with an 86 % PB strike rate. Particularly good for so early on in the season. Well done to all three swimmers. Congratulations to Paul for his bronze medal, the standard of competition was extremely high so to come away with a medal is a great achievement.

Information – SB = SEASONS BEST
 PB = PERSONAL BEST
 MCR = MASTERS CLUB RECORD
 CR = CLUB RECORD