

# Brighton Swimming Club

## NEWSLETTER – 01/10



### Competition and Gala Update

**Counties:** We had the most successful County Championships for 4 years! There were 110 PBs, 4 Junior Champion and Age Group Winners, 3 Club Under 17 records, and 89 other top 8 places. As well as this, 8 of our Swimmers achieved selection to the County Development Squad.

**Atlantis - Level 3 Meet:** Again, another successful meet involving some of our younger and new members as well as Squad members. There were 63 PBs set, 17 1<sup>st</sup> places, 7 2<sup>nd</sup> places, 9 3<sup>rd</sup> places, and 26 other top 8 places. Mark O'Connor achieved Top Boy of the Gala - well done!

**Regionals:** 7 swimmers achieved Regional Times, with Tyla Davis and Alex Beck making finals: Alex finishing second and setting a new Club Open Long Course Record in the 50m Backstroke, and Tyla third place in the 100m breaststroke.

**Sussex League Gala:** Round 1 saw the Club take 1<sup>st</sup> Place with 459 points (121 points clear of 2<sup>nd</sup> place Chichester). There were 22 individual wins, 16 Relay wins and 26 2<sup>nd</sup> places. Our swimmers achieved 31 PBs - which was a fantastic achievement given that swimmers are swimming lots of events in one evening. Congratulations go to Dominic Polling for setting a new club U14 record in the 50m breaststroke.

### Word from the Club Coach .....

We have had a great start to the Swimming Season, as the results above show. Our swimmers must continue to train hard and keep up the dedication through what, for many of them, has been a tough new training regime. It is always very refreshing to see how very professionally you all conduct yourselves at poolside, and how you cheer and support each other and genuinely look out for each other - this is something that other Clubs just don't seem to be able to do. Keep up the good work!!

Welcome to the Club all the new members that we have been fortunate to recruit over the last few months. I hope to run an information session for all new parents so that I can take the opportunity to explain the training requirements and answer any questions that you might need answered.

*Nigel*

### Your Support is always appreciated -

We have a wonderful body of volunteers and parent helpers that work tirelessly to support Nigel poolside and run the lane swimming, team manage the swimmers at Galas and Competitions and help out at our own Club Meets by undertaking a range of jobs and duties either on the day or prior to the event in the organisation and management of the day.

The Bath Committee are also volunteers and we work hard to put social events together to give swimmers and their families an opportunity to meet socially and have fun together; organise fundraising so that we can build up funds to contribute to squad training events and transport to League meets and sell Club Shirts and Hoodies.

We always need new helpers, so if you want to get involved please let us know.



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**Remember ..... ASA Registration and Membership is now overdue.**

The cost of a yearly Membership is:

- Under 7 years      £38.00
- Junior              £41.00
- Senior (Pool)      £46.00
- Arch                £100.00

ASA Membership is £16.00 - and without this you will not be able to enter competitions and galas

### Hoodies

Hoodies are now available to order - there are zipped and pull-on options available. These are £13.50 (for children's sizes) and £15.50 (for Adult sizes). Names can be embroidered for an extra £2.30. Please see Michelle (Membership Secretary) to order.

**Brighton Swimming Club's 150<sup>th</sup> Celebrations got off to a flying start** with a wonderful Dinner Dance evening at the Grand Hotel, Brighton on Saturday 8<sup>th</sup> May. **A Swim Through Time took place on Saturday 15<sup>th</sup> May** and was a fantastic celebration of 150 years of Brighton Swimming Club. The fascinating history of the club was experienced through the spellbinding elegance of synchronised swimming, and also involved members of the Waterpolo Team and our Masters. Well done everyone on an incredible evening! **The closing date for the Swimming Hat Competition was Friday 30<sup>th</sup> April**, and the Management Committee now has several entries to review at their next meeting to decide the winner of the competition!

### Brighton Swimming Club Supports BLISS (Babies Born Too Soon, Too Small, Too Sick)

As well as continuing to fundraise towards our Squad being able to attend overseas training camps, we are also raising money for BLISS by selling sweets for £1 a bag. We will be selling these at all fundraising events and after training at Roedean and Prince Regent.

**STOP PRESS ..... STOP PRESS .....** The AGM will be held on Wednesday 23<sup>rd</sup> June at 7.30 in the Slipper Baths, North Road (the annexe building across from the Prince Regent Car Park). All are welcome to attend!

### Social Dates for your Diary.....

- 150<sup>th</sup> Family Fun Night BBQ and Swim - Pells Pool, Lewes on Saturday 10<sup>th</sup> July from 7.30pm - 10.00pm - further details to follow soon!
- Nick Gillingham MBE - Presentation and Training Session at Prince Regent and Roedean in September - we will confirm details shortly as booking for this event will be essential.
- Overseas Squad Training Camp - hopefully to be scheduled for April 2011.

**Remember to look on the Club Website for all upcoming Galas and Competition**