

Changes to Training		MORNING	TRAINING	EVENING	TRAINING
July 2010					
Friday	23rd			Groups 3 to 10 Groups 11 to 18 No Learner Pool	6pm - 7pm 7pm - 9pm (Wendy's)
Thursday	29th			No	Brighton College
Friday	30th			Groups 3 to 10 Groups 11 to 18 No Learner Pool No Syncro	6pm - 7pm 7pm - 9pm (Wendy's)
August					
Thursday	5th			No	Brighton College
Friday	6th			Groups 3 to 10 Groups 11 to 18 No Learner Pool No Syncro	6pm - 7pm 7pm - 9pm (Wendy's)
Thursday	12th			No	Brighton College
Friday	13th			Groups 3 to 10 Groups 11 to 18 No Learner Pool No Syncro	6pm - 7pm 7pm - 9pm (Wendy's)
Monday	16th			No	Roedean
Tuesday	17th	No	Roedean	No	Roedean
Wednesday	18th	No	Roedean	No	Prince Regent
Thursday	19th	No	Roedean	No	Brighton College
Friday	20th			WATER POLO No Learner Pool No Syncro	TBC (Wendy's)
Saturday	21st	No	Roedean		
Thursday	26th			No	Brighton College
Friday	27th			Groups 3 to 10 Groups 11 to 18 No Learner Pool No Syncro	6pm - 7pm 7pm - 9pm (Wendy's)
Monday	30th			No	Roedean
September					
Friday	3rd			No Flexi Pool	(Craig's & Laura)
Friday	10th			No Flexi Pool	(Craig's & Laura)
November					
Thursday				No	Brighton College
December					
Thursday	9th			No	Brighton College
Thursday	16th			No	Brighton College
Thursday	23rd			No	Brighton College
Thursday	30th			No	Brighton College
Please Check Website for further details					
					Posted 16/07/2010